



STRONGER YOUTH

March 2024

Newsletter 1

STRONGER YOUTH PROJECT

Stronger Youth aims to implement a peer mentoring programme to prevent depressive behaviours and social exclusion among young people. Our mission is to empower resilient young people to support their peers through various activities and tools.

The team is composed of PRISM (Italy), the lead partner, Pelican (Czech Republic), University of Évora (Portugal), Viteco (Italy), Frame (Poland), CPIP (Romania) and Innohub (Spain).



KICK OFF MEETING

On 31 January and 1 February 2024, the kick-off meeting of the project took place in Évora, Portugal. This event marked the official start of our mission.

During these two days, project partners met to discuss ideas, set goals and plan the way forward to empower resilient young people and prevent depressive behaviours and social exclusion.



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WP2: ONLINE SKILLS ASSESSMENT TOOL

The main objective of Work Package 2 is to develop an online tool to assess young people's soft skills. This tool will allow young people to assess their strengths and weaknesses in terms of soft skills, determining whether they are ready to play the role of peer mentor.

The tool will be available as an online self-test and will provide a diagnosis based on the points obtained in answers to specific questions.



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