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Erasmus+

A HYBRID TRAINING PROGRAM FOR MIGRANTS



HealthMi

Health care professional guidance
for Migrants



Co-funded by
the European Union

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ENHANCING MIGRANTS' HEALTH LITERACY SKILLS



Discover our last project result: the training course for Migrants!

It consists in a hybrid curriculum that includes practical workshops and self-directed learning activities. The goal is to provide migrants with health literacy knowledge including communication, stress management and well-being. Additionally, the curriculum aims to provide migrants with essential information for easy access to local healthcare services and systems including psychological support, Covid-19 support, and mental health.



HealthMi

COURSE CONTENTS

The course consists in a total of 9 modules and each module includes a 6-hour face-to-face instruction provided via two 3-hour practical workshops.

Activities includes self-assessments, self-reflection activities, guidelines for self-care, checklists, and practical tips.

► Modules

- First Aid Procedures
- Information About Current Migrants' Health Problems
- Migrants' Basic Health Rights Upon Arrival in Host Countries
- Mental Health Issues
- Diseases
- Local Health Professionals Contact Details
- Distress
- Psychological Support
- Migrant's Wellbeing

GET IN TOUCH WITH LOCAL HEALTHCARE PROFESSIONALS!

Within the HealthMi platform, you will be able to find national emergency contacts in partner countries, as well as have the ability to contact registered health care providers. The platform offers messaging features that will allow you to seek advice or help directly online!

Discover it now:

<https://www.healthmiproject.eu/platform/e-learning-gateway-platform/>

THE HEALTHMI PROJECT: END OF THE JOURNEY

The implementation phase of the Healthmi project is drawing to a close.

But it does not end here!

All resources will remain available within the site and platform. Don't miss all the content:

- The Code of Conduct for Health Literacy
- The Training Curriculum for Healthcare Professionals
- The Hybrid Training Curriculum for Migrants
- Multimedia resources
- Interactive activities and the Forum inside the Platform

THE PLATFORM USER MANUAL

Not sure where to start?

Check out the Platform Manual and learn how to best use all the features of the Healthmi Gateway Platform



<https://www.healthmiproject.eu/wp-content/uploads/2024/06/HealthMi-Gateway-Manual.pdf>

JOIN THE COMMUNITY

Register for free to the HealthMi Gateway Platform and discover all the project results now!

Health-Gateway

 Register





ABOUT OUR PROJECT

HealthMi aims to foster respect and understanding for diversity in Health, intercultural and civic competences, but also it will enable health values and citizenship within the EU in order also to understand the educational needs of migrants regarding the healthcare system better.

AIMS

- To foster the integration of newly arrived migrants, while supporting the access to quality local health services information.
- To enable migrants in effectively coming to contact with healthcare specialists including: experts, counsellors, psychologists, social workers.
- To provide the host countries with accessibility guidelines linked to health care services, housing, education, financial services, social welfare rights.

STAY IN TOUCH

www.healthmiproject.eu



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Enoros Consulting Limited
(Cyprus)



Fundacja dla Migrantów
(Poland)



PRISM Impresa Sociale s.r.l.
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